

BRAIN GAIN

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A perfect Guide to Basics in  
Reading & Spelling Skills in Hindi

# ०-०० Matra and their difference between them Workbook

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Dear Friends,

It is indeed an honour to present you this book as one of the best tools of our series for the students who are facing learning problems like reading, spellings, comprehension in English, Hindi, Mental Maths, Perceptual Skills, Writing and Handwriting Skills etc. and also for those who want to improve these skills of school going children to the best level through this research oriented work of our team. We are well known for our result oriented quality video tools, worksheets and guidance among the parents of school going children.

Our Tools and these Worksheets are highly effective and efficient, as these have direct impact on the Hindi O & OO Matra reading and spelling abilities with natural comprehension skills of children. You will find it's use easy and effective to develop speed reading skills of your children. You can see that after practicing these worksheets with our free online tools your child's school teacher will appreciate the improvement in your child. Our work is based on multisensory approach of learning at child's own pace in way as the same can directly be used for learning school curriculum.

We think that you are the real judge of this book which is meant for you and your child. We request all our friends to please point out our mistakes, if any and send their comments and suggestions for improvement of this book.

**Yours Sincerely.**

**For Ladders 2 Learn**

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*"Children must be taught how to think, not what to think."*

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This book will help the student to learn and practice Hindi ० - ०० Matra and their difference with gradually enhanced difficulty level to easily cope up for the best of reading and spelling abilities in Hindi.

**For our free online tools to teach and practice Hindi ०-०० Matra and their difference, please mail us the following information's :**

1. Your Code : 6102-HOOOMB
2. Name to Register :
3. Email Id. :

You will get your password through mail for use our free online tools (for 1 month) through your free educational account at our website i.e. [www.ladders2learn.com](http://www.ladders2learn.com)

**Let's hear from you:**

- Have any questions related with your child's learning
- Any tips you can offer on the topic of this book

Please mail us at [ladder2learn@gmail.com](mailto:ladder2learn@gmail.com)

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:: How to Use this book ::

**to Teach Reading and Spelling Hindi O & OO Matra and their difference**

**Material required:** Free Ladder 2 Learn Online Videos Tools of Hindi O and OO Matra and their discrimination Flash card, Colors (Crayons, pencil, Sketch Pens ), HB Pencil, Eraser etc.

**Procedure:**

1. Teach reading of Hindi O Matra using Ladder 2 Learn Video Tools as whole words only. Cut and read the flash card of the words and say the word one by one.
2. Take individual cards and read the word and ask the child to repeat the word and focus on sound.
3. Ask the child to close the eyes & make the image on air of the same word and read.
4. Ask the child to trace the word with finger on the flash card of word. Then **use Our Worksheet** to practice
5. **After An hour** ask the child to say the word and spells out the letters, then reads the word again.
6. **Before going to sleep**, ask the child to write the letters of the sight word on a table, if not clear first looking at and then not looking at the flash card.
7. Repeat the process with 'OO' Matra and the difference set.

**NOTE: Revise the work of previous day before starting next day sight words**

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# छोटे ' उ ' की मात्रा

उ



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प्रत्येक अक्षर को 'उ' की मात्रा लगा कर लिखें तथा स्वर के अन्तर पर ध्यान दें

(Write each letter with 'o' matra and concentrate on sound difference)

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दिये गये कार्डों के पहले बायें कार्ड के शब्द को पढ़ें फिर दायें कार्ड में उ ( ु ) की मात्रा लगा कर पढ़ें

(In the given cards read the words on the left first and then read the words on the right by adding 'o' matra)

पल	पुल
सन	सुन
पश	पशु
गलाब	गुलाब

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‘उ’ मात्रा के अक्षर के शब्द को पढ़कर लिखें

(Read the words with ‘o’ matra and write)

लु हा र

ह लु वा

मु कु ट

सु पा री

दा तु न

ब हु त

सु म न

सु हा ना

कु सु म

चु हि या

अ तु ल

कु टि या

पु नी त

मु कु ल

गु ज रा त

बु ल बु ला

तु म

खु र च न

कु छ

चु न मु न

खु र

सु र मा

म थु रा

चु प

पु त ली

दु म

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नीचे दिये वाक्यों को पढ़ें

(Read the sentences given below)

चतुर बिलाव आया ।  
बिलाव चुहिया पर झपटा ।  
बुलबुल चहक रही थी ।  
चुहिया बिल में भागी ।



लाल गुलाब आया ।  
गुलाब चुन कर ला ।  
राधा गुलाब की माला बना ।  
कुसुम साबुन ला ।

सुबह-सुबह मत भाग ।  
बहुत मत उछल ।  
उठकर फुलवारी जा ।  
पुजारी को बुला ।

पुल पार कर ।  
दुकान का सामान ला ।  
धुन पर नाच ।  
बुराई मत कर ।

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चित्र देखकर 'उ' मात्रा के शब्द को पहचान कर  
लिखें

(Look at the picture to identify the 'o' matra word and write)



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छोटे ' उ ' तथा बड़े  
' ऊ ' की मात्रा में  
अन्तर

उ ऊ



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दिये गये कार्डों के पहले बायें व दायें कार्ड के शब्दों को सही मात्रा के साथ पढ़ें

Read the given words with correct matra of o and oo and concentrate on the sound difference

धुल	धूल
फुल	फूल
चुना	चूना
लुटा	लूटा

नीचे दिये वाक्यों को पढ़ें

Read the sentences given below

बहुत समय से धूप निकली है ।  
सूखी सड़क पर दुम दबा कर चूहा  
भाग रहा है । तुम बदबू में क्यों  
रुके हो । सब मजदूर दुकान पर  
सो रहे हैं । कबूतर बबूल पर बैठा  
है । पुत्र को पुकार कर हलुआ  
खिला । फूल पर से धूल हटा ।  
राजकुमार को मुबारक बाद दे ।



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## पढ़ो, छुपाओ और लिखो

(Read, Hide and Write the given Sentences)

बबूल पर सबूत छुपा दो ।

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पालतू बुलबुल सूरज की धूप में बैठी है ।

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दुबला सुनार भूरा फूल से गया ।

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गुलाबी की ससुराल में तरबूज की दावत है ।

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  - b. Vowel & Vowel Families 1, 2
  - c. English Sight Words - 1,2,3,4
  - d. English Blend Sounds - 1,2
  - e. English Ending and Long Vowel Sounds
  - f. Breaking of Words to Read & Spell and Spelling Rules
  
2. Hindi Reading & Spellings
  - a. Hindi Alphabets
  - b. Without Matra Words
  - c. Hindi Sight Words - 1,2,3,4
  - d. Hindi Matras -AA, E-EE, O-OO, A-AE, O-AO
  - e. Hindi - Other Matras, Half Letters and Compound Letters
  
3. Writing & Handwriting Skills
  - a. Activities for Fine Motor Activities and Basic Formations
  - b. Manuscript English Writing Practice 1, 2
  - c. Cursive English Writing Practice - 1, 2
  - d. Hindi Writing Formation Practice
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